

State of California's Employee Assistance Program Statewide Sessions



Learn About Your EAP Benefits Including Stress Management Tools and Financial Resources To Help You During Difficult Times

These sessions have been enhanced to place a special emphasis on benefits related to this time of economic uncertainty. We are including a Stress Management component and a focused review of the Financial Consult benefit and other EAP financial resources. Reservations are not required and it's first-come, first-seated. Supervisors are encouraged to also attend the All Employees session to learn about the core program. Before planning to attend any of these sessions, employees should ensure supervisor's approval for their absence from the work site.

For questions regarding these sessions please contact your Departmental EAP Coordinator.

Please provide one week notice for special accommodations.

July 28, 2009 – Sacramento
Dept of Transportation
1727 30th St.
1st Floor Conf. Room
Sacramento, CA
All Employees 8:30 am
Supervisors 10:30 am

August 4, 2009 – Coalinga
Coalinga State Hospital
Administration Bldg., Room 158
24511 West Jayne Avenue
Coaling, CA
All Employees 12 noon
Supervisors 1:30 pm

August 19, 2009 - Sacramento
Dept of Veterans Affairs
1227 O Street
Medal of Honor Hall
Sacramento, CA
All Employees 8:30 am
Supervisors 10:00 am

July 28, 2009 – San Diego
Department of Transportation
4050 Taylor Street, Garcia Room
San Diego, CA
All Employees 8:30 am
Supervisors 10:00 am

August 5, 2009 – Sacramento
DMV - Call Center
8251 Demetre Avenue
Sacramento, CA
All Employees 8:00 am
Supervisors 9:00 am

August 19, 2009 - Oakland
Department of Transportation
111 Grand Avenue
First Floor Auditorium
Oakland, CA
All Employees 8:30 am
Supervisors 9:30 am

July 29, 2009 – Sacramento
DMV - 2120 Broadway, 2nd Floor
Pierce-Arrow / Tucker Room
Sacramento, CA
All Employees 8:30 am
Supervisors 9:30 am

August 12, 2009 - Stockton
Department of Transportation
1976 East Dr. Martin Luther King
Jr. Blvd.
Stockton, CA
All Employees 8:00 am
Supervisors 9:30 am

August 19, 2009 – Los Angeles
Department of Transportation
100 South Main Street
First Floor Conference Rooms
Los Angeles, CA
All Employees 8:30 am
Supervisors 10:00 am